

# Gym Membership Reimbursement Program



## » Did you know? «

State of Maine employees who are eligible for State-paid benefits are also eligible for the Gym Membership Reimbursement Program.

### Steps to Participate:

1. Purchase a gym membership at any qualifying gym
2. Attend the gym at least 8 times per month
3. Request for quarterly reimbursement (up to \$40 per month) including supporting documentation (gym attendance verification and proof of payment). See the [Gym Membership Reimbursement Request Form](#) for more information including important due dates.

More information, including a list of gyms and the [Gym Membership Reimbursement Request Form](#), can be found on the Office of Employee Health and Wellness [website](#).

